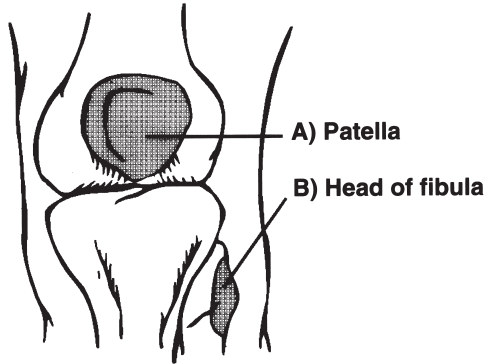




OTTAWA

KNEE RULE

For Knee Injury Radiography



Stiell IG, Greenberg GH, Wells GA, McDowell I, Cwinn AA, Smith NA, Cacciotti TF, Sivilotti MLA.

Prospective validation of a decision rule for the use of radiography in acute knee injuries. JAMA 1996; 275:611-615.



OTTAWA

KNEE RULE

For Knee Injury Radiography



A knee x-ray series is only required for knee injury patients with any of these findings:

1. age 55 or older
OR
2. isolated tenderness of patella (no bone tenderness of knee other than patella)
OR
3. tenderness of head of fibula
OR
4. inability to flex to 90°
OR
5. inability to bear weight both immediately and in the emergency department for 4 steps (unable to transfer weight twice onto each lower limb regardless of limping)